

培养心智健康的孩子

WHERE THE
BEST
ARE TRAINED[★]



AIC'S FACULTY DO MORE THAN 'TEACH'. THEY LISTEN, PROVOKE AND CHALLENGE



课程简介:

婴幼儿心智健康指的是孩子从出生到 6 岁的社会情绪发展程度。是他们对需求是否获得满足的态度体验。包括爱、满意、愉快、伤心、难过、激动、自豪、孤独、失望、愤怒等肯定与否定的心理感受。长期否定的情绪会影响婴幼儿的心智健康。有时候我们需要接纳和共情孩子的一切感受，准许他有各种各样的情绪。

本课程将带领学员了解婴幼儿的需求，教导大家帮助孩子认识自己的情绪，诚实地面对它们，并学会对情绪的自我管理，培养心智健康的孩子。

学习目标:

参加本工作坊的学习，学员将能够:

- 了解儿童的主要情感需求
- 平衡孩子的成长需要与成人的教养要求
- 帮助孩子认识自己的情绪
- 帮助孩子表达自己的情绪
- 帮助孩子管理自己的情绪
- 培养心智健康的孩子



Lead Trainer

Mdm Guo Jian Ye

Guo Jian Ye is the Associate Head of Faculty (Mandarin) as well as a lecturer at Asian International College. A veteran academic, Mdm Guo has been teaching for the past 30 years to early childhood teacher trainees. Originally from Hebei China, she has been heading the Chinese ECCE faculty at AIC since its founding year.



She obtained her Master of Education from HeBei University further to her Bachelor of Early Childhood Education from the University. She also has a Master of Chinese Literature at HuaZhong Normal University.

She has published numerous academic papers notably, Early Childhood Language Development Evolution and Revision. She authored several books on early childhood, 'Educational Psychology of Early Childhood', 'Kindergarten theme activities Plans and Design' and children's books 'Read with Mum'. She conducts several professional development courses and workshops including 'Classroom Management', 'Teaching Character Recognition for Early Reading' and 'Children's Portfolios'.

Professional Development Trainers

Gao Dan, Master of Teaching Jinan University

Yang Li, Master of Linguistics Jinan University

Zheng He Mei, MEd Hebei University

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Our Vision

Where the Best are Trained.

Our Mission

We deliver innovative and quality continuing education training to champion lifelong learning, facilitated by accomplished faculty and technologies.

Core Values

Accountability | Care | Excellence | Service

Our Desired Culture

We commit Care and professional Service towards our learners achieving educational Excellence while advocating organizational Accountability for our stakeholders.

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