

Infant Care with 3Rs and Infant Massage

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AIC'S FACULTY DO MORE THAN 'TEACH'. THEY LISTEN, PROVOKE AND CHALLENGE

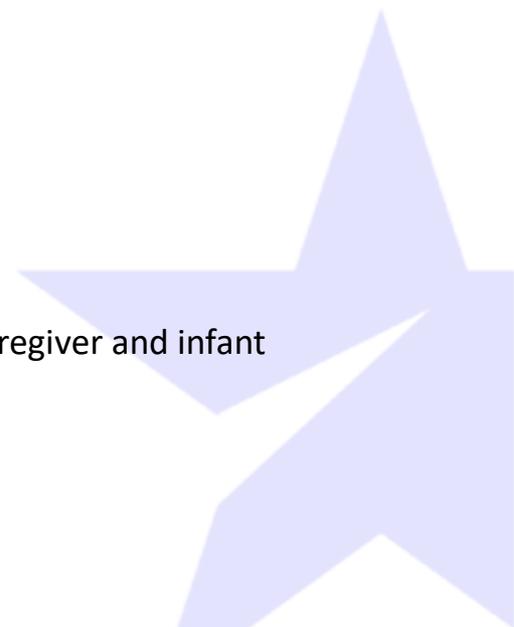


Overview

This workshop will help participants gain a better understanding of infant care with 3Rs and how infant massage can help their little ones change in their development and growth stages.

Learning Objectives

- Understand the principles of infant care's 3 Rs
 - Respectful, Responsive and Reciprocal
- Understand the principles and benefits of infant massage
- Techniques for massaging an infant
- Infant development in relation to infant massage
- Basic anatomy and physiology of our infants
- Health and safety aspects for infant care
- Infant massage strokes and movements
- Safety aspects and explanation
- How infant massage encourage the interaction between caregiver and infant



Lead Trainer

Shirley is the Chairperson of Academic and Examination Board at the Asian International College. She graduated from Macquarie University with a Master of Educational Leadership (Early Childhood Education).

Shirley is an effective bilingual Mandarin and English lecturer who firmly believes that the emotional state of a child is crucial to holistic development, that is, a secure child would follow his or her curiosity to explore and learn from the surrounding. With more than 30 years professional experience as childcare educator and Principal, Shirley conducts continuing professional development workshops such as Mentoring Novice Teachers and Infant Care with 3Rs. She is also an advocate for family-school partnership and conducts Parent Education workshops.



Zheng He Mei is a specialist lecturer for early years safety, health and nutrition. Before her involvement in the early childhood education, with her earlier training in infant medical care, Zheng Hemei started her career spending 6 years as a midwife and 3 years as a Pediatric nurse. She further her studies with a Master of Education and thereafter did a career shift to gain the past 19 years experiences in teaching and leadership in the early childhood care and education field.



Zheng Hemei is bilingual in Mandarin and English and has been engaged in teaching both Mandarin and English courses in AIC. Her scope of teaching includes specialized subjects in Safety, Health

Professional Development Trainers

Helen Ong, MSc (ECE) Wheelock College

Adeline Yip, MEd (EC) Nanyang Technological University

Lichelle Chan, MEd Monash University

Gurmit Kaur Srova, MSc (ECE) Wheelock College

Shirley Quek, MEd (ECE) Macquarie University

Geraldine Sim, MEd (ECE) Monash University

Philip Koh, MSc (ECE) Wheelock College

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Where the Best are Trained.

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We deliver innovative and quality continuing education training to champion lifelong learning, facilitated by accomplished faculty and technologies.

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We commit Care and professional Service towards our learners achieving educational Excellence while advocating organizational Accountability for our stakeholders.

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