

Nurturing Touch Foundation of Technique for Infant Massage

WHERE THE
BEST
ARE TRAINED 



AIC'S FACULTY DO MORE THAN 'TEACH'. THEY LISTEN, PROVOKE AND CHALLENGE



Future Proof Learning 

Overview

This workshop will help participants gain a better understanding of how infant massage can help their little ones change in their development and growth.

Learning Objectives

- Understand the principles and benefits of infant massage
- Techniques for massaging an infant
- Infant development in relation to infant massage
- Basic anatomy and physiology
- Health considerations for baby massage classes
- Infant massage strokes and movements
- Safety aspects and explanation
- Understand infant massage encourage interaction between you and your baby

Duration:

1 days

