

# How to Ease the Separation Anxiety Between Young Children and Parents?

WHERE THE  
**BEST**  
ARE TRAINED★



AIC'S FACULTY DO MORE THAN 'TEACH'. THEY LISTEN, PROVOKE AND CHALLENGE



Future Proof Learning★

## Course Overview

Is your school having issues with newly-enrolled child when they refuse to enter the school and cries while hugging their parent? And even if the child has entered the premise, anxious parents would still be outside the window watching the child for a long time. This phenomenon is psychologically called the separation of anxiety in young children. The elimination of this anxiety between young children and parents requires the joint efforts of parents and the school. Hence, the biggest challenge for parents and children would be the separation at the beginning of the new semester. "How to ease the separation anxiety between young children and parents?"

## Learning Outcomes

The aims of the course are to help participants :

- Understand why do children develop anxiety
- Understand the reasons for separation anxiety
- Understand the effects of parents' anxiety on children
- Understand and implement strategies to cope with separation anxiety

## Duration:

2 days